

Welton Youth Mentoring

What is mentoring?

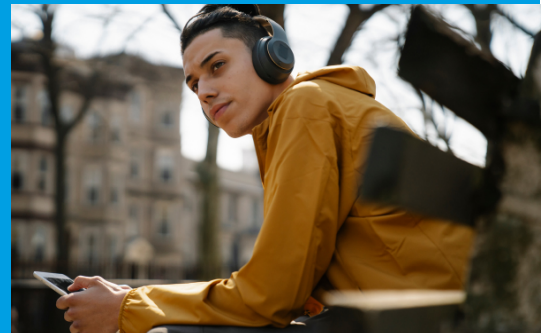
Mentoring is a chance to meet with someone to talk about your life and your faith. You can choose what you would like to grow in – this time is for you, so chat with your mentor about any ideas you have. Your mentor is there to listen to you and to God and to support and encourage you.

What can I expect at my first mentoring session?

When you first meet with your mentor, we recommend that you share a bit about yourself, and what you would like to look at together. This will change over time, but it is important to make sure you have the same expectations for your sessions. You will meet your mentor for one hour each month and then you can review after 4 sessions if you would like to continue. We recommend that you then review this again after 12 months.

Where do I meet my mentor?

You will always need to meet in a public space. You could meet in a cafe, play pool, do some craft, go on a walk... anything that helps you get the best out of your sessions. The sessions are confidential – your mentor won't discuss things with anyone else, unless they have a concern about your safety or the safety of someone else, in which case they will speak to our safeguarding team.



How do I get started?



Step 1

Speak to Dan Potter who can recommend a mentor that might be a good match for you. We will always pair you with somebody of the same sex.

Step 2

Once you have been matched with someone, we will ask whoever looks after you to complete a consent form and send it back to us.



Step 3

We will then leave it to you and your mentor to arrange a time to meet for your first session.

We can't wait to see you flourish as you invest in mentoring. If you have any questions about mentoring at any point, get in touch with Dan Potter.

